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PRESENTS:

**IMPLEMENTING TOBACCO CESSATION TREATMENT
FOR INDIVIDUALS WITH SERIOUS MENTAL ILLNESS**

AUTHOR: SAMHSA

1.0 CE Credit

HOMESTUDY

Held online at www.webinarceclasses.com

Online registration

Cost: \$1 DOLLAR

Audience: Psychologists, Clinical Social Workers, Psychiatrists, Psychiatric Nurses, Counselors, and Marriage and Family Therapists.

Instructional Level: Introductory (meant for entry-level professionals and beyond)

Course Goals and Educational Objectives:

The attendees will be able to:

1. Attendees will be able to explain the adverse impact of tobacco use on mental health.
2. Attendees will identify 3 benefits of tobacco cessation interventions.
3. Attendees will describe 5 key steps in tobacco cessations treatment approaches.
4. Attendees will list 3 smoking cessation medications.

Course Description: Tobacco use is widespread among individuals with SMI, and the high prevalence of tobacco-related mortality among them is well documented. Research shows that individuals with SMI who smoke are as interested in quitting as those without SMI and can do so without jeopardizing their mental health recovery. Quitting smoking is one of the most important choices that anyone can take to improve their health, and is beneficial for both physical and mental health. Furthermore, quitting smoking can have a broader positive influence on individuals with SMI; as they learn effective skills and techniques for smoking cessation, their sense of mastery and self-efficacy to make other healthy lifestyle changes can increase as well.

Tobacco cessation treatment should be an integral part of treating individuals with SMI. There is a critical need to engage mental health program directors and clinicians in efforts to increase access to evidence-based tobacco treatment for these individuals. For the numerous reasons cited within this guide, SAMHSA recommends the adoption of tobacco-free facilities/grounds policies and the integration of tobacco cessation treatment into the care provided to clients with SMI who smoke or use other tobacco products.

Dr. Carvajal's first Ph.D. is in Social and Personality Psychology from the University of Amherst. Dr. Carvajal's second Ph.D. is in Clinical Psychology from Virginia Polytechnic Institute and State University. He has worked in numerous settings for the past 10 years including forensic settings. Additionally, Dr. Carvajal has had a group practice for the past 7 years. Dr. Carvajal's background has led him to practice via the integration of well-researched, evidence-based approaches in combination with wisdom obtained from years of Dr. Carvajal reviews articles in the Journal of Individual Differences and the Journal of Clinical Psychology with a focus on research methods, statistics, and cultural analysis.

Conflicts of Interest Policy

As an APA-approved sponsor of continuing education, WebinarCEclasses is committed to the identification and resolution of potential conflicts of interest in the planning, promotion, delivery, and evaluation of continuing education. Consistent with concepts outlined in the APA Ethical Principles of Psychologists and Code of Conduct, potential conflicts of interest occur when an individual assumes a professional role in the planning, promotion, delivery, or evaluation of continuing education where personal, professional, legal, financial, or other interests could reasonably be expected to impair his or her objectivity, competence, or effectiveness.

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Dr. Carvajal is responsible to identify, declare, and resolve any potential conflict of interest WebinarCEclasses may have in offering any specific program of continuing education. In the event of a potential conflict of interest, Dr. Carvajal will assume responsibility to resolve the potential conflict by:

- A. Informing persons involved of the existence of the conflict
- B. Allowing persons involved to examine and rectify the conflict
- C. Reviewing whether the conflict was indeed resolved
- D. Requesting updates and reviews until the conflict is fully resolved

WebinarCEclasses requires that professionals participating in the planning of continuing education identify any potential conflict of interest they may have in the review, selection, development, delivery, or evaluation of that program and disclose the conflict or recuse themselves from any decision-making concerning that program. In the event of a potential conflict of interest, Dr. Carvajal will ensure that the individual recuses him or herself from the planning process.

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When preparing promotional material for continuing education, WebinarCEclasses includes information concerning any financial support, including in-kind support, provided by another party. WebinarCEclasses also informs potential participants of any potential conflicts of interest an instructor. If there is no financial support or any potential conflict of interest or commercial support, WebinarCEclasses will ensure that is clearly stated in the promotional material. If information about financial support or any potential conflict of interest is not included in the promotional material prepared for continuing education, WebinarCEclasses will clearly indicate how a potential participant can secure that information.

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WebinarCEclasses requires that there is a process to clearly describe any financial support for a continuing education program at the time the continuing education program begins. Any other relationship that could be reasonably construed as a conflict of interest will also be disclosed. If there is no financial support or potential conflict of interest, WebinarCEclasses will ensure there is a process (e.g., a designated individual or a slide at the start of the presentation, documentation in materials) to clearly state any potential conflicts at the time the continuing education program begins.

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GRIEVANCE PROCEDURE

Webinarceclasses is fully committed to conducting all activities in strict conformance with the American Psychological Association's Ethical Principles of Psychologists and the standards of the Association of Social Work Boards. Webinarceclasses will comply with all legal and ethical responsibilities to be non-discriminatory in promotional activities, program content, and in the treatment of program participants. The monitoring and assessment of compliance with these standards will be the responsibility of Dr. Carvajal, Ph.D.

While Webinarceclasses goes to great lengths to assure fair treatment for all participants and attempts to anticipate problems, there will be occasional issues which come to the attention of our staff which require intervention and/or action on the part of an officer of our company. This procedural description serves as a guideline for handling such grievances.

Seminar participants will be asked to provide written feedback about the seminar at the end of the presentation. Space will be included to express any grievance they might have with the program. When a participant, either orally or in written format, files a grievance or expects action on the complaint, the following actions will be taken:

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. Dr. Carvajal will then pass on the comments to the

speaker, assuring the confidentiality of the grieved individual.

2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, Dr. Carvajal will mediate and will be the final arbitrator. If the participant requests action, the CEO will:
 - a. attempt to move the participant to another workshop or
 - b. provide a credit for a subsequent year's workshop or
 - c. provide a partial or full refund of the workshop fee

Actions 2b and 2c will require a written note, documenting the grievance, for record keeping purposes. The note need not be signed by the grieved individual.

3. If the grievance concerns Webinarclasses CE program, in a specific regard, Dr. Carvajal will attempt to arbitrate.

Please go to Webinarclasses.com to submit a complaint, or if you have additional questions.

Additionally, you can send your complaints to:

Franklin Carvajal
3456 Wesley Street
Culver City, CA 90232