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**PRESENTS:**

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**TREATMENT FOR SUICIDAL IDEATION, SELF-HARM,  
AND SUICIDE ATTEMPTS AMONG YOUTH**

**AUTHOR: SAMHSA**

**6.0 CE Credits**

**HOMESTUDY**

**Held online at [www.webinarceclasses.com](http://www.webinarceclasses.com)**

**Online registration**

**Cost: \$6 DOLLARS**

Audience: Psychologists, Clinical Social Workers, Psychiatrists, Psychiatric Nurses, Counselors, and Marriage and Family Therapists.

Instructional Level: Introductory (meant for entry-level professionals and beyond)

## Course Goals and Educational Objectives:

### The attendees will be able to:

1. Attendees will describe current approaches and challenges to addressing suicidal ideation, self-harm, and suicide attempts among youth.
2. Attendees will be able to explain current evidence on the effectiveness of the following programs included in the home study course to treat suicidal ideation, self-harm, and suicide attempts among youth: Dialectical Behavior Therapy; Attachment-Based Family Therapy; Multisystemic Therapy-Psychiatric; Safe Alternatives for Teens and Youth; Integrated Cognitive Behavioral Therapy; and Youth-Nominated Support Team-Version II.
3. Attendees will describe 3 factors to consider when selecting and implementing programs and practices to treat suicidal ideation, self-harm, and suicide attempts among youth.
4. Attendees will list 3 types of programs to treat suicidal ideation, self-harm, and suicide attempts among youth.
5. Attendees will identify 3 factors involved in selecting and implementing optimal interventions to address suicidal thoughts and behaviors.

**Course Description:** This home study course contains a foreword and five chapters. The chapters stand alone and do not need to be read in order. Each chapter is designed to be brief and accessible to healthcare providers, healthcare system administrators, community members, policy makers, and others working to meet the needs of individuals at risk for, experiencing, or recovering from mental and/or substance use disorders.

The goal of this home study course is to review the literature on treatment for suicidal ideation, self-harm, and suicide attempts among youth, distill the research into recommendations for practice, and provide examples of how practitioners can use these practices in their programs. The programs included in this guide focus on adolescents and young adults who are currently experiencing suicidal ideation, self-harm, and/or suicide attempts, and addresses risk factors unique to this population. The programs can be implemented by mental health professionals in a variety of settings, including schools, community mental health centers, residential facilities, or juvenile justice programs.

*Dr. Carvajal's first Ph.D. is in Social and Personality Psychology from the University of Amherst. Dr. Carvajal's second Ph.D. is in Clinical Psychology from Virginia Polytechnic Institute and State University. He has worked in numerous settings for the past 10 years including forensic settings. Additionally, Dr. Carvajal has had a group practice for the past 7 years. Dr. Carvajal's background has led him to practice via the integration of well-researched, evidence-based approaches in combination with wisdom obtained from years of Dr. Carvajal reviews articles in the Journal of Individual Differences and the Journal of Clinical Psychology with a focus on research methods, statistics, and cultural analysis.*

## **Conflicts of Interest Policy**

As an APA-approved sponsor of continuing education, WebinarCEclasses is committed to the identification and resolution of potential conflicts of interest in the planning, promotion, delivery, and evaluation of continuing education. Consistent with concepts outlined in the APA Ethical Principles of Psychologists and Code of Conduct, potential conflicts of interest occur when an individual assumes a professional role in the planning, promotion, delivery, or evaluation of continuing education where personal, professional, legal, financial, or other interests could reasonably be expected to impair his or her objectivity, competence, or effectiveness.

### **Potential Conflicts of Interest in the Planning of Continuing Education**

Dr. Carvajal is responsible to identify, declare, and resolve any potential conflict of interest WebinarCEclasses may have in offering any specific program of continuing education. In the event of a potential conflict of interest, Dr. Carvajal will assume responsibility to resolve the potential conflict by:

- A. Informing persons involved of the existence of the conflict
- B. Allowing persons involved to examine and rectify the conflict
- C. Reviewing whether the conflict was indeed resolved
- D. Requesting updates and reviews until the conflict is fully resolved

WebinarCEclasses requires that professionals participating in the planning of continuing education identify any potential conflict of interest they may have in the review, selection, development, delivery, or evaluation of that program and disclose the conflict or recuse themselves from any decision-making concerning that program. In the event of a potential conflict of interest, Dr. Carvajal will ensure that the individual recuses him or herself from the planning process.

### **Potential Conflicts of Interest in the Promotion of Continuing Education**

When preparing promotional material for continuing education, WebinarCEclasses includes information concerning any financial support, including in-kind support, provided by another party. WebinarCEclasses also informs potential participants of any potential conflicts of interest an instructor. If there is no financial support or any potential conflict of interest or commercial support, WebinarCEclasses will ensure that is clearly stated in the promotional material. If information about financial support or any potential conflict of interest is not included in the promotional material prepared for continuing education, WebinarCEclasses will clearly indicate how a potential participant can secure that information.

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WebinarCEclasses requires that there is a process to clearly describe any financial support for a continuing education program at the time the continuing education program begins. Any other relationship that could be reasonably construed as a conflict of interest will also be disclosed. If there is no financial support or potential conflict of interest, WebinarCEclasses will ensure there is a process (e.g., a designated individual or a slide at the start of the presentation, documentation in materials) to clearly state any potential conflicts at the time the continuing education program begins.

The author receives an honorarium payment from webinarceclasses

*"WebinarCEclasses is approved by the American Psychological Association to sponsor continuing education for psychologists. WebinarCEclasses maintains responsibility for this program and its content."*

## **WEBINARCECLASSES**

### **GRIEVANCE PROCEDURE**

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While Webinarceclasses goes to great lengths to assure fair treatment for all participants and attempts to anticipate problems, there will be occasional issues which come to the attention of our staff which require intervention and/or action on the part of an officer of our company. This procedural description serves as a guideline for handling such grievances.

Seminar participants will be asked to provide written feedback about the seminar at the end of the presentation. Space will be included to express any grievance they might have with the program. When a participant, either orally or in written format, files a grievance or expects action on the complaint, the following actions will be taken:

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her

comments in written format. Dr. Carvajal will then pass on the comments to the speaker, assuring the confidentiality of the grieved individual.

2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, Dr. Carvajal will mediate and will be the final arbitrator. If the participant requests action, the CEO will:
  - a. attempt to move the participant to another workshop or
  - b. provide a credit for a subsequent year's workshop or
  - c. provide a partial or full refund of the workshop fee

Actions 2b and 2c will require a written note, documenting the grievance, for record keeping purposes. The note need not be signed by the grieved individual.

3. If the grievance concerns Webinarceclasses CE program, in a specific regard, Dr. Carvajal will attempt to arbitrate.

Please go to [Webinarceclasses.com](http://Webinarceclasses.com) to submit a complaint, or if you have additional questions.

Additionally, you can send your complaints to:

Franklin Carvajal  
3456 Wesley Street  
Culver City, CA 90232