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PRESENTS:

**ENHANCING MOTIVATION FOR CHANGE IN
SUBSTANCE USE DISORDER TREATMENT**

AUTHOR: SAMHSA

15.0 CE Credits

HOMESTUDY

Held online at www.webinarceclasses.com

Online registration

Cost: \$15 DOLLARS

Audience: Psychologists, Clinical Social Workers, Psychiatrists, Psychiatric Nurses, Counselors, and Marriage and Family Therapists.

Instructional Level: Introductory (meant for entry-level professionals and beyond)

Course Goals and Educational Objectives:

The attendees will be able to:

1. Attendees will identify 3 new perspectives on addiction treatment.
2. Attendees will be able to describe the SOC approach.
3. Attendees will describe 3 brief motivational interventions.
4. Attendees will be able to explain Motivational Interviewing as a counseling style.
5. Attendees will be able to describe the Precontemplation Stage.
6. Attendees will be able to describe the Contemplation Stage.
7. Attendees will be able to describe the Preparation Stage.
8. Attendees will be able to describe the Action Stage.
9. Attendees will be able to describe the Maintenance Stage.
10. Attendees will explain how motivational approaches can be integrated in SUD treatment settings.

Course Description: Motivation for change is a key component in addressing substance misuse. This Home Study Course reflects a fundamental rethinking of the concept of motivation as a dynamic process, not a static client trait. Motivation relates to the probability that a person will enter into, continue, and adhere to a specific change strategy.

Although much progress has been made in identifying people who misuse substances and who have substance use disorders (SUDs) as well as in using science-informed interventions such as motivational counseling approaches to treat them, the United States still faces many SUD challenges.

Millions of people in the United States with SUDs are not receiving treatment. Many are not seeking treatment because their motivation to change their substance use behaviors is low.

The motivation-enhancing approaches and strategies this home study course describes can increase participation and retention in SUD treatment and positive treatment outcomes.

This home study course shows how SUD treatment counselors can influence positive behavior change by developing a therapeutic relationship that respects and builds on the client's autonomy. Through motivational enhancement, counselors become partners in the client's change process.

This home study course also describes different motivational interventions counselors can apply to all the stages in the Stages of Change (SOC) model related to substance misuse and recovery from addiction.

A consensus panel developed this home study course content based on a review of the literature and on panel members' extensive experience in the field of addiction treatment. Other professionals also generously contributed their time and commitment to this project.

Dr. Carvajal's first Ph.D. is in Social and Personality Psychology from the University of Amherst. Dr. Carvajal's second Ph.D. is in Clinical Psychology from Virginia Polytechnic Institute and State University. He has worked in numerous settings for the past 10 years including forensic settings. Additionally, Dr. Carvajal has had a group practice for the past 7 years. Dr. Carvajal's background has led him to practice via the integration of well-researched, evidence-based approaches in combination with wisdom obtained from years of Dr. Carvajal reviews articles in the Journal of Individual Differences and the Journal of Clinical Psychology with a focus on research methods, statistics, and cultural analysis.

Conflicts of Interest Policy

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- B. Allowing persons involved to examine and rectify the conflict
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WEBINARCECLASSES

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While Webinarceclasses goes to great lengths to assure fair treatment for all participants and attempts to anticipate problems, there will be occasional issues which come to the attention of our staff which require intervention and/or action on the part of an officer of our company. This procedural description serves as a guideline for handling such grievances.

Seminar participants will be asked to provide written feedback about the seminar at the

end of the presentation. Space will be included to express any grievance they might have with the program. When a participant, either orally or in written format, files a grievance or expects action on the complaint, the following actions will be taken:

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. Dr. Carvajal will then pass on the comments to the speaker, assuring the confidentiality of the grieved individual.
2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, Dr. Carvajal will mediate and will be the final arbitrator. If the participant requests action, the CEO will:
 - a. attempt to move the participant to another workshop or
 - b. provide a credit for a subsequent year's workshop or
 - c. provide a partial or full refund of the workshop fee

Actions 2b and 2c will require a written note, documenting the grievance, for record keeping purposes. The note need not be signed by the grieved individual.

3. If the grievance concerns Webinarclasses CE program, in a specific regard, Dr. Carvajal will attempt to arbitrate.

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Additionally, you can send your complaints to:

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